



# Newsletter – Summer 2024



Africa's Gift has had a busy six months. We began the year with Ken participating in the Annual Moshoeshoe Walk to commemorate the founding father of Lesotho. An arduous 3-day walk undertaken by our Founder, the British High Commissioner, Harry MacDonald and three volunteers. Throughout the walk Africa's Gift's work and deployment of the Eco Cook Bag was promoted.





# A Wonderful Opportunity



**Would you like to join us on a two week visit and interaction in Lesotho and South Africa this November?**

**From 17th November to 1st December the Founder of Africa's Gift - Ken Dunn MBE will be guiding a visit to South Africa's wonders from Johannesburg to Cape Town and engaging with joyous communities in Lesotho along the way.**

**A stay at the multi award winning Malealea Lodge will be one of the highlights!**

**Please email [ken@africagift.org](mailto:ken@africagift.org) for more details**





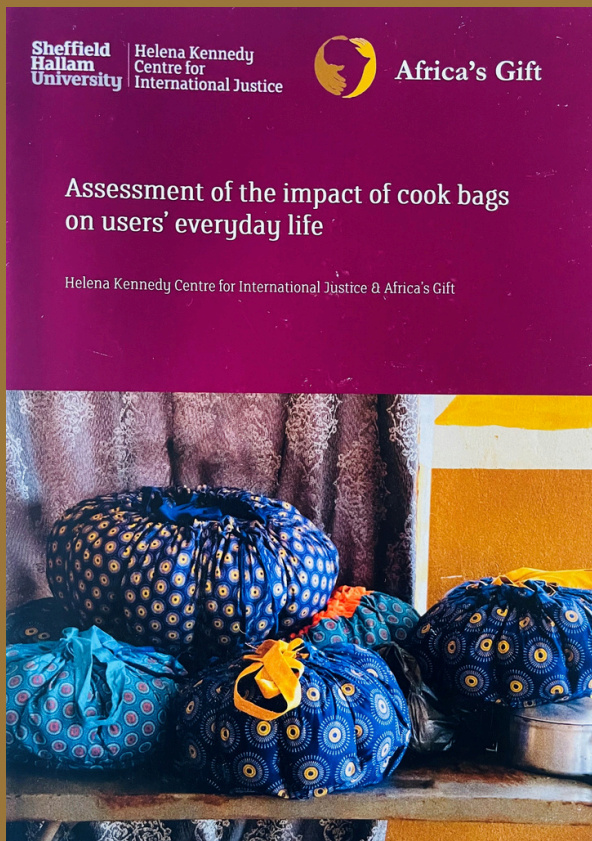
# Cookbags



To capitalise on this interest of the bags shown during the Moshoeshoe walk, Ken returned to Lesotho in May to launch an initiative to manufacture and activate 300 Eco Cook Bags. This is expected to occupy the sewing team for the next 3 months. Funding for this work is largely due to the kind and generous support of Paul and Clare Keen.



Activation will be an important activity over winter. We plan to link this with work to reinforce good practice in using Eco Cook Bags amongst existing users to ensure maximum impact.



Our aim is to continue to explore ways of making the Cook-Bags in a financially sustainable way, so that we can get them to the people that need them and where they will have best impact on health and the reduction of inhaled smoke.

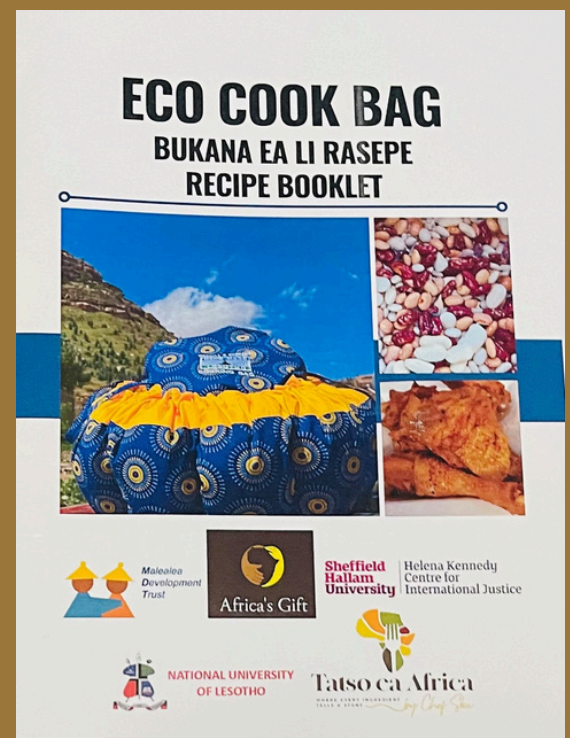




# Cookbags & Recipe's



The Moshoeshoe walk coincided with the launch of a new cookbook embracing Basotho recipes for the Cookbag. This offered a major promotion opportunity for the Eco Cook Bag. This was supported by a grant from the British High Commission, drawing on funds from the FCDO.





# Lesotho Royalty in Sheffield!

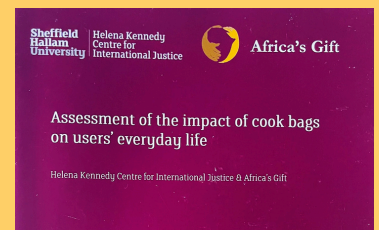


In May, in conjunction with our partners Sheffield Hallam University and its Helena Kennedy Research Centre we were delighted to host His Majesty King Letsie III and his senior delegation from Lesotho. The party of 21 included senior ministers, high commissioners and academics and the meeting allowed time for a celebration of what has been achieved together thus far and where future efforts may be concentrated. His Majesty was presented with an Eco Cook Bag - made in Lesotho, by Basotho, from Lesotho waste – but presented in Yorkshire!



## Research

The sharing of the University's review of the impact of Cook Bags on the lives of people in rural Lesotho attracted great interest. This review was very positive about the benefits to: health (less smoke inhalation), environment (less wood and water used cooking) and lifestyle (more time free to grow vegetables, support the family and to engage with the community).





# Malealea Development Trust



While in Lesotho, Ken with the Malealea Development Trust spent time reviewing the next steps in developing to community projects in Tsinyane and in Masemouse. It is heartening to report that the commitment and leadership available in both communities and has begun to develop a detailed plan for next steps within both communities. While we have a major £5000 donation kindly donated by Kenneth Allen for the works in Tsinyane & Masemouse, we will need to raise more money to realise the community's full ambitions. Stocking the fish farm is an exciting part of the work

**Hence this plea for whatever donation you can afford.**





# The Fish Farm

**Africa's Gift provided a Cook Bag to the community so that they can cook while they're working and then stop for a delicious lunch**



**Draining the Tank**





# Fundraising



**Fancy doing the  
worlds largest abseil  
drop for us down  
the Maletsunyane  
waterfall?**

**Thank you to our regular  
donors - we couldn't do  
any of this without you.  
Costs are going up and if  
you were able to increase  
your donation, we would  
be very grateful.**

**To donate to Africa's Gift;**

[https://www.easyfundraising.org.uk/  
causes/africasgift/?  
fbclid=IwAROMEnzEyaoUVcdf2qE6-  
Dzl82-  
iTv7kvssXqTVlB0wbN3gZszMToUwc  
D2c](https://www.easyfundraising.org.uk/causes/africasgift/?fbclid=IwAROMEnzEyaoUVcdf2qE6-Dzl82-iTv7kvssXqTVlB0wbN3gZszMToUwcD2c)

**We want to do more, so please watch this  
space for future fundraising  
opportunities and information - we're  
going to need your help!**



# Remembering Sue Bulley



**It is with great sadness that we report of the death of Sue Bulley a great supporter of Africa's Gift and leader of several Sheffield Hallam University groups to Lesotho**